



## XI Carrera Popular Villa de Meco

11 Mayo 2014

### General Masculino

| Pos | dorsal | Mombre             | Apellidos        | Sexo | Tiempo   | Ritmo | Ciudad               |
|-----|--------|--------------------|------------------|------|----------|-------|----------------------|
| 1   | 94     | Tougane            | Jaouad           | M    | 22:47.63 | 3:15  | Guadalajara          |
| 2   | 226    | Mokhtar            | Ayoub            | M    | 22:57.17 | 3:17  | Guadalajara          |
| 3   | 223    | Mokhtar            | Idriss           | M    | 22:57.37 | 3:17  | Guadalajara          |
| 4   | 184    | Gil Rodríguez      | Miguel Angel     | M    | 23:11.79 | 3:19  | San Agustin De Guada |
| 5   | 227    | Rubio De La Fuente | Juan Javier      | M    | 23:36.09 | 3:23  | San Sebastian De Los |
| 6   | 150    | Berlinches Rodrigo | Jose Manuel      | M    | 24:07.67 | 3:27  | Alcala De Henares    |
| 7   | 210    | Muñoz Hernández    | Pedro Fernando   | M    | 24:42.28 | 3:32  | Madrid               |
| 8   | 105    | Galdran Lorenzo    | Aitor            | M    | 25:03.48 | 3:35  | Meco                 |
| 9   | 230    | Navarro Rodrigo    | Andres           | M    | 25:24.31 | 3:37  | Alcala De Henares    |
| 10  | 9      | Jimenez            | Jose Javier      | M    | 25:30.40 | 3:39  | Meco                 |
| 11  | 158    | Rivas Snachez      | Sergio           | M    | 25:32.33 | 3:39  | Camarma De Esteruela |
| 12  | 221    | Marcos Calvo       | Álvaro           | M    | 26:04.53 | 3:44  | Meco                 |
| 13  | 22     | Monteagudo Rubiato | Jose Maria       | M    | 26:05.44 | 3:44  | Meco                 |
| 14  | 144    | Clemente Rios      | Jose             | M    | 26:11.71 | 3:44  | Torreon De Ardoz     |
| 15  | 69     | Cabrera Holgueras  | David            | M    | 26:32.36 | 3:47  | Meco                 |
| 16  | 50     | Lopez Torralba     | Raul             | M    | 26:47.75 | 3:50  | Villanueva De La Tor |
| 17  | 36     | Garcia Martinez    | David            | M    | 27:11.54 | 3:53  | Torreon De Ardoz     |
| 18  | 5      | Santiago Jiménez   | José Angel       | M    | 27:36.61 | 3:57  | Madrid               |
| 19  | 175    | Alonso Romero      | Miguel Angel     | M    | 27:52.95 | 3:59  | Madrid               |
| 20  | 15     | Pajuelo Saez       | Alfonso          | M    | 28:09.96 | 4:02  | Meco                 |
| 21  | 207    | Muñoz Hernandez    | Santiago         | M    | 28:14.77 | 4:02  | Camarma              |
| 22  | 208    | Ramos              | Juan Jose        | M    | 28:29.77 | 4:04  | Alcala De Henares    |
| 23  | 47     | Sánchez González   | Jose Antonio     | M    | 28:51.29 | 4:07  | Alcalá De Henares    |
| 24  | 235    | Diaz Amores        | Jose Javier      | M    | 28:52.88 | 4:07  | Meco                 |
| 25  | 1      | Sánchez Cogolludo  | Óscar            | M    | 28:55.30 | 4:08  | Alcalá De Henares    |
| 26  | 220    | Garcia Aparicio    | Fernando         | M    | 29:01.80 | 4:09  | Meco                 |
| 27  | 82     | Orea Rubio         | Luis             | M    | 29:13.18 | 4:10  | Madrid               |
| 28  | 123    | Aguilera Prieto    | Juan             | M    | 29:20.98 | 4:12  | Alcala De Henares    |
| 29  | 212    | Diaz Fernandez     | Marcos           | M    | 29:28.89 | 4:13  | Torreon De Ardoz     |
| 30  | 58     | Abolafia Morales   | Rafael           | M    | 29:49.14 | 4:15  | Jaén                 |
| 31  | 72     | Barranco Lois      | Roberto          | M    | 29:50.89 | 4:16  | Azuqueca De Henares  |
| 32  | 118    | Manzano Basalo     | Carlos           | M    | 30:08.67 | 4:19  | Meco                 |
| 33  | 81     | Urbano Rodriguez   | Ruben            | M    | 30:09.93 | 4:19  | Madrid               |
| 34  | 61     | Martín             | Iván             | M    | 30:21.97 | 4:20  | Alcalá De Henares    |
| 35  | 108    | Martínez Melenchón | Pablo            | M    | 30:34.41 | 4:22  | Meco                 |
| 36  | 203    | Sanchez Gonzalez   | Angel Luis       | M    | 30:34.57 | 4:22  | Alcala De Henares    |
| 37  | 125    | Tato Puga          | Jose Manuel      | M    | 30:56.87 | 4:25  | A Coruña             |
| 38  | 180    | Martínez Huete     | Daniel           | M    | 30:58.35 | 4:25  | Meco                 |
| 39  | 178    | Ciruelos Gomez     | Angel            | M    | 31:00.79 | 4:26  | Meco                 |
| 40  | 89     | Carretero Pulido   | Francisco Javier | M    | 31:15.10 | 4:28  | Madrid               |
| 41  | 13     | Remon Ruiz         | Francisco        | M    | 31:17.90 | 4:28  | Alcala De Henares    |
| 42  | 59     | Hurtado Gonzalez   | Sergio           | M    | 31:24.62 | 4:29  | Meco                 |
| 43  | 126    | Martinez Rogado    | Ruben            | M    | 31:35.88 | 4:31  | Meco                 |
| 44  | 21     | Martin Culebras    | Oscar            | M    | 31:42.33 | 4:32  | Meco                 |
| 45  | 71     | Martinez           | Jesus Pablo      | M    | 31:49.30 | 4:33  | Torreon De Ardoz     |
| 46  | 164    | Grajales Perez     | Johan Steven     | M    | 31:55.54 | 4:33  | Meco                 |
| 47  | 121    | Caño Guerrero      | Samuel           | M    | 31:56.65 | 4:34  | Meco                 |
| 48  | 173    | Mena Garcia        | Jose Angel       | M    | 31:58.18 | 4:34  | Azuqueca De Henares  |
| 49  | 110    | Royo Marco         | Rafael           | M    | 32:10.18 | 4:36  | Alcala De Henares    |
| 50  | 172    | Ranera Culebras    | Victor Manuel    | M    | 32:22.41 | 4:38  | Meco                 |
| 51  | 122    | Pinilla Ramiro     | David            | M    | 32:27.29 | 4:38  | Madrid               |
| 52  | 160    | Leon Gomez         | Jose             | M    | 32:27.67 | 4:38  | Meco                 |
| 53  | 114    | Martinez Martinez  | Luis             | M    | 32:32.45 | 4:39  | Meco                 |
| 54  | 199    | Martin Vazquez     | Roberto          | M    | 32:38.80 | 4:40  | Alcala De Henares    |
| 55  | 143    | Vazquez Ranz       | Miguel Angel     | M    | 32:42.77 | 4:40  | Meco                 |
| 56  | 205    | Pozo Gallego       | Eduardo          | M    | 33:11.19 | 4:45  | Meco                 |
| 57  | 134    | Moron Adamuz       | Juan             | M    | 33:24.86 | 4:46  | Meco                 |
| 58  | 97     | Hernández García   | Mario            | M    | 33:32.13 | 4:48  | Meco                 |
| 59  | 26     | Medina Santos      | Javier           | M    | 33:34.71 | 4:48  | Madrid               |
| 60  | 168    | Carbajo Rafel      | Alvaro           | M    | 33:47.15 | 4:50  | Meco                 |
| 61  | 33     | Lopez Recio        | Juan Jose        | M    | 33:53.98 | 4:51  | Meco                 |
| 62  | 32     | Verduras Bona      | Luis Fernando    | M    | 33:59.16 | 4:51  | Meco                 |



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|     |     |                      |              |   |          |      |                      |
|-----|-----|----------------------|--------------|---|----------|------|----------------------|
| 63  | 96  | Molero Medina        | Daniel       | M | 34:10.59 | 4:53 | Meco                 |
| 64  | 49  | Segundo Sanchez      | Angel        | M | 34:15.64 | 4:54 | Alcala De Henares    |
| 65  | 145 | Lambea Barral        | Pablo        | M | 34:19.60 | 4:54 | Alcalá De Henares    |
| 66  | 111 | Gonzalez Datorre     | Daniel Jose  | M | 34:22.35 | 4:55 | Meco                 |
| 67  | 84  | Garcia Yebra         | Juan Carlos  | M | 34:22.46 | 4:55 | Meco                 |
| 68  | 124 | Muñoz Sanchez        | Mariano      | M | 34:42.93 | 4:58 | Toledo               |
| 69  | 211 | Osorio Hidalgo       | Jorge        | M | 34:55.99 | 5:00 | Madrid               |
| 70  | 103 | Ramos Martin         | Roberto      | M | 35:02.05 | 5:00 | Meco                 |
| 71  | 188 | Ordoñez Valero       | Rafael       | M | 35:03.04 | 5:00 | Madrid               |
| 72  | 218 | Sanz Fernandez       | Roberto      | M | 35:05.27 | 5:01 | Alcala De Henares    |
| 73  | 29  | Gutierrez Pastor     | Victorio     | M | 35:05.94 | 5:01 | Alcala De Henares    |
| 74  | 142 | Sanchez Gonzalez     | Jonathan     | M | 35:31.66 | 5:04 | Alcala De Henares    |
| 75  | 201 | Morillas Jimeno      | Jacinto      | M | 35:36.55 | 5:05 | Meco                 |
| 76  | 177 | Lopez Perez          | German       | M | 35:46.46 | 5:06 | Meco                 |
| 77  | 179 | Ramos Martinez       | Angel Luis   | M | 35:47.23 | 5:07 | Meco                 |
| 78  | 166 | Cuellar Arranz       | Felipe       | M | 35:51.15 | 5:08 | Madrid               |
| 79  | 146 | Eguía Fernández      | Miguel Angel | M | 35:57.67 | 5:08 | Meco                 |
| 80  | 38  | Castillo Paniagua    | Sergio       | M | 35:57.75 | 5:08 | Meco                 |
| 81  | 222 | Escabias Valero      | Ignacio      | M | 36:10.97 | 5:10 | Meco                 |
| 82  | 83  | Acero Acero          | Domingo      | M | 36:46.88 | 5:15 | Madrid               |
| 83  | 88  | Duque Esteban        | Carlos       | M | 37:10.71 | 5:19 | Madrid               |
| 84  | 224 | Gullon Herrera       | Francisco    | M | 37:10.91 | 5:19 | Meco                 |
| 85  | 99  | Vacas Magro          | Ernesto      | M | 37:15.92 | 5:19 | Madrid               |
| 86  | 217 | Escarpa              | David        | M | 37:33.80 | 5:22 | Madrid               |
| 87  | 136 | Martinez             | Leticia      | M | 38:36.74 | 5:31 | Torrejon De La Calza |
| 88  | 238 | Carballada Rodríguez | Jose Antonio | M | 38:37.04 | 5:31 | Meco                 |
| 89  | 52  | Alvarez Martinez     | Jesus        | M | 39:04.45 | 5:35 | Meco                 |
| 90  | 127 | Correas Olmedilla    | Iñaki        | M | 39:24.47 | 5:38 | Alcalá De Henares    |
| 91  | 18  | Vallejos Pintado     | José Antonio | M | 39:49.73 | 5:41 | Meco                 |
| 92  | 137 | Cazalla Maldonado    | Alejandro    | M | 40:21.94 | 5:46 | Getafe               |
| 93  | 14  | Cesar                | Daniel       | M | 40:22.20 | 5:46 | Meco                 |
| 94  | 53  | Vallejos Pintado     | Víctor       | M | 41:01.23 | 5:52 | Coslada              |
| 95  | 232 | Lozano Sánchez       | Miguel Ángel | M | 41:13.92 | 5:54 | Meco                 |
| 96  | 167 | Garcia Diez          | Jose Luis    | M | 41:19.59 | 5:54 | Tres Cantos          |
| 97  | 165 | Fraguas Rodriguez    | Juan         | M | 41:20.53 | 5:54 | Meco                 |
| 98  | 182 | Barrios Diez         | Francisco    | M | 41:22.20 | 5:55 | Meco                 |
| 99  | 63  | Igualador Jimeno     | Miguel       | M | 42:15.04 | 6:02 | Guadalajara          |
| 100 | 225 | Lozano Sanchez       | Loli         | M | 45:03.24 | 6:26 | Meco                 |
| 101 | 42  | Murillo Millan       | Jose Luis    | M | 45:03.59 | 6:27 | Meco                 |
| 102 | 40  | Garcia Cosano        | Emilio Jose  | M | 45:03.88 | 6:27 | Madrid               |
| 103 | 12  | Alvarez Cañada       | Jose Luis    | M | 46:08.55 | 6:35 | MAco                 |
| 104 | 91  | Viñas Lopez          | Javier       | M | 49:19.42 | 7:03 | Torrejon De Ardoz    |

## General Femenino

| Pos | dorsal | Mombre              | Apellidos    | Sexo | Tiempo   | Ritmo | Ciudad               |
|-----|--------|---------------------|--------------|------|----------|-------|----------------------|
| 1   | 141    | Martin Gonzalez     | Jimena       | F    | 25:34.09 | 3:39  | Madrid               |
| 2   | 181    | Fernandez Rodriguez | Pilar        | F    | 27:19.32 | 3:54  | San Agustin De Guada |
| 3   | 20     | Hernandez Perez     | Virginia     | F    | 29:45.81 | 4:15  | Meco                 |
| 4   | 93     | Perela Villaraco    | Vanesa       | F    | 33:25.67 | 4:46  | Alcala De Henares    |
| 5   | 79     | Pineda Morales      | Nieves       | F    | 35:11.65 | 5:01  | Madrid               |
| 6   | 147    | Lopez Ramirez       | Andrea       | F    | 35:46.36 | 5:06  | Meco                 |
| 7   | 234    | Duart Crespo        | Isabel Maria | F    | 37:12.87 | 5:19  | Meco                 |
| 8   | 104    | Remón Ruiz          | M Jose       | F    | 37:17.48 | 5:19  | Alcala De Henares    |
| 9   | 116    | Luengo Rodas        | Sara         | F    | 37:26.16 | 5:21  | Meco                 |
| 10  | 237    | Gacimartin Garcia   | Ana          | F    | 38:19.95 | 5:29  | Madrid               |
| 11  | 51     | Sanchez Lopez       | Ines         | F    | 38:59.03 | 5:34  | Meco                 |
| 12  | 128    | Villar Castillo     | Virginia     | F    | 39:24.45 | 5:38  | Meco                 |
| 13  | 176    | Vaquero Niño        | Susana       | F    | 39:27.29 | 5:38  | Meco                 |
| 14  | 70     | Villacastin Meroño  | Belen        | F    | 39:27.53 | 5:38  | Meco                 |
| 15  | 7      | Martinez Almazan    | Gemma        | F    | 39:59.45 | 5:43  | Meco                 |
| 16  | 151    | Sotoca Sotoca       | Sonia        | F    | 41:04.30 | 5:52  | Alcala De Henares    |
| 17  | 11     | Pozo Rodriguez      | Isabel       | F    | 41:22.11 | 5:55  | Meco                 |
| 18  | 6      | Ledesma Patino      | Mónica       | F    | 41:24.40 | 5:55  | Guadalajara          |
| 19  | 19     | González Pizarro    | Ruth         | F    | 41:33.20 | 5:56  | Meco                 |



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|    |     |                      |                |   |          |      |                      |
|----|-----|----------------------|----------------|---|----------|------|----------------------|
| 20 | 17  | Muriana Ruiz De La H | Mónica         | F | 43:37.67 | 6:14 | Meco                 |
| 21 | 68  | Muñiz Gonzalez       | Angelica       | F | 43:41.53 | 6:15 | Villanueva De La Tor |
| 22 | 43  | Awuor                | Angela         | F | 44:38.24 | 6:23 | Meco                 |
| 23 | 152 | Sotoca Sotoca        | Amelia         | F | 44:42.63 | 6:23 | Alcala De Henares    |
| 24 | 62  | Acero Pineda         | Aroa           | F | 51:05.13 | 7:18 | Madrid               |
| 25 | 135 | Rodriguez Alvarez    | Maria Cristina | F | 51:11.16 | 7:19 | Torrejon De La Calza |

### LOCAL Masculino

| Pos | dorsal | Mombre          | Apellidos   | Sexo | Tiempo   | Ritmo | Ciudad |
|-----|--------|-----------------|-------------|------|----------|-------|--------|
| 1   | 105    | Galdran Lorenzo | Aitor       | M    | 25:03.48 | 3:35  | Meco   |
| 2   | 9      | Jimenez         | Jose Javier | M    | 25:30.40 | 3:39  | Meco   |
| 3   | 221    | Marcos Calvo    | Álvaro      | M    | 26:04.53 | 3:44  | Meco   |

### LOCAL Femenino

| Pos | dorsal | Mombre          | Apellidos    | Sexo | Tiempo   | Ritmo | Ciudad |
|-----|--------|-----------------|--------------|------|----------|-------|--------|
| 1   | 20     | Hernandez Perez | Virginia     | F    | 29:45.81 | 4:15  | Meco   |
| 2   | 147    | Lopez Ramirez   | Andrea       | F    | 35:46.36 | 5:06  | Meco   |
| 3   | 234    | Duart Crespo    | Isabel Maria | F    | 37:12.87 | 5:19  | Meco   |